

Annual report 2021



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1. Management report

Fortunately, after a very difficult year, the first week of surgery was scheduled in March 2021. And after this ten more followed! Exactly what we planned has happened. Around March/April our speech therapists started receiving children again in person and everything started to go a little bit back to normal.

This was also the year in which we had to have the hospital ready so we did our best to get the permits completed on time. We did! In December 2021 we finally received the well-deserved confirmation what we had all worked so hard for. Our cleft lip and palate clinic was a fact!

It was still a year with a lot of challenges, partly because we had to continue to comply with the rules regarding Covid-19. This meant that we had to test every mother and baby who was going to get surgery. In the beginning this was not free in Guatemala and that increased our costs considerably. We were also no longer able to move all our patients in one bus or accommodate everyone in one hotel. Everything had to be spread more widely, to keep the chance of infection as small as possible. No matter how incredibly we did our best, unfortunately children and/or mothers became infected with the virus in two surgery weeks. In the beginning this caused a lot of panic and a lot had to be arranged, but we gradually found our way in that.

With a fantastic team we have managed to operate on no fewer than 296 children!



1.1 Results from 2021

- ☺ This was the very first year in which we organized 11 weeks of surgery.
- ☺ In this still crazy year, we have operated on 296 children and performed a total of 304 surgeries! "How?!" I hear you think. 8 children had a lip and palate surgery in one. This is only possible if the children are older than one year and in good health.
- ☺ We have worked with 14 different surgeons from America, Canada, the Netherlands, Spain and Mexico.
- ☺ We started training two local Guatemalan surgeons.
- ☺ We have taken care of a total of 431 children in our milk project.
- ☺ Last year we had 11 mothers who could breastfeed with the help of a breast pump or naturally, this year there were more than 30.
- ☺ We were able to give speech therapy to a total of 155 children.
- ☺ Our psychologist has individually guided 27 children, young people and parents at our office every week. In addition, during the last week of surgery in Patzún, she provided psychological support to all 40 families whose children were operated on.
- ☺ A total of 15 children received dental care this year from our local dentist Brosly Velasquez. Due to the pandemic, we have not been able to receive foreign dentists in Guatemala this year.

1.2 About the foundation

1.2.1 Introduction

The Tess Unlimited Foundation was created because Tessa de Goede traveled to Guatemala in January 2008 and came into contact with the problem of cleft lip and palate there. In Guatemala there was no form of integrated care for children with cleft lip and palate and many children had never had any surgery at the time. In the same year, Tessa started the Tess Unlimited foundation with the aim of creating a professional foundation in which these children will receive help and lead a valuable life.





1.2.2 Mission

Tess Unlimited Foundation is a non-profit organization and has set itself the goal of providing underprivileged children, young people and adults born in Guatemala with medical help in the field of cleft lip and palate. We follow an integrated approach, so that our patients can lead a valuable life after the entire process.

1.2.3 Visie

The Tess Unlimited Foundation annually offers more than 400 vulnerable children, young people and adults with cleft lip and palate access to medical care and all necessary pre- and aftercare. We want them to have the opportunity to fully participate in Guatemalan society and to prevent these people from ending up in a life of isolation and neglect because of their cleft.

1.2.4 Strategy

Our strategy is an integrated approach, in which we identify patients as early as possible in their lives, then provide medical support and follow-up during all phases of their recovery. Our approach includes the following projects:

Promotion: In order to find children born with a cleft lip at an early stage, all our local promoters work throughout the country and act as the first point of contact in their area. We also occasionally reach young people and adults with a cleft lip and palate who need medical care through the promoters. We have several alliances with government agencies as well as local hospitals and *Centro de Salud*s that send the children directly to us. We also work with various local and foreign foundations in Guatemala. We currently work with more than 150 agencies in Guatemala.

Milk project: Malnutrition is a major challenge for children born with cleft lip and palate. They are included in the milk project to ensure that they reach a healthy weight for surgery. We work together with a local dietician. Because we are increasingly taking in newborn babies, we also promote breastfeeding more and we work with many manual pumps and special Haberman bottles so that these children can still drink breast milk.

Surgeries: We prepare all patients for their surgery, for which they travel to the local hospital and in 2022 to our own hospital. Our medical teams perform all surgeries. We provide medical aftercare shortly after the surgery and afterwards. In 2020 we started training local surgeons.



Speech therapy: Spread across the country, our six speech therapists are working to help children with their speech. All speech therapists are local people trained by Tess Unlimited in collaboration with the international organization Smile Train.

Dental care: After surgical repair of the lip and/or the palate, the teeth are restored with dental care. In 2021 we only worked with our local dentist and we want to expand this in 2022.

Psychology: We provide psychology sessions to mentally process the procedure and to participate in society with confidence. We work together with a local psychologist. She sees our patients both individually and in groups. She will again accompany all families during the surgery weeks in 2022. Unfortunately, that was almost impossible this year due to the Covid-19 restrictions.

1.2.5 Ambition

Our ambition in the Netherlands is to give the Tess Unlimited Foundation more name recognition and thereby draw attention to the cleft lip and palate problem in Guatemala. Through this attention we hope to be able to raise more money to make our mission a success. Our ambition in Guatemala is to do as much as possible to be able to help children born with cleft lip and palate and to offer them all a medical and integral process so that they can live a valuable life after their recovery.

Target audience: Our target audience in Guatemala are children, young people and adults regardless of age, background and religion. All children born with cleft lip and palate have the right to timely access to appropriate healthcare. Together we stand up for the right to receive good healthcare!



1.2.5 Milk project

Normally, when a baby with cleft lip and palate comes into our program, he/she spends an average of three months in the milk project to get to the right weight for surgery. After the surgery, the babies will remain in the milk project for another two months in order to be able to rehabilitate. However, due to the pandemic, we were unable to operate, as a result of which many babies have been in the milk project for longer. At the end of March 2021 we were able to get back to work with our surgery weeks, which is why we had to take in more babies for a longer period of time in our milk project. Because we started with small weeks of surgery, little by little patients have left the milk project. In previous years this was done with much larger numbers. As a result, the budget for our milk project is a lot higher than before.



1.2.6 Cleft hospital Tulipanes

Our goal was to run the first week of surgery in the new cleft lip and palate hospital in August, but unfortunately that didn't work out. Things go slow in Guatemala and many agencies were very behind in their work due to the pandemic and lockdown.

The Healthcare Ministries required an incredible amount of paperwork and our file was over 200 pages. Certainly important, but when you see the reality of healthcare in Guatemala, you sometimes wonder if everyone actually handed in all that paperwork.

But we didn't give up and like a lion we bit ourselves into this project. Finally, in December 2021, the time had come and we received the last permit. The three people who came to inspect the hospital, on behalf of the Ministry of Health, literally said: "You have paradise created for children in Guatemala, you should be the benchmark of how hospitals are in Guatemala have to be." What a big compliment!

1.2.7 General

Since January 2021, a new child has been added to our program every 29 hours. That year we were the only organization in Guatemala that was committed to children with cleft lip and palate and was operating for the full 100%. The other organizations kept their offices closed for many months, which meant that an extra number of children came knocking on our door. Extra busy!



1.3 Results between 2008 and 2021

- 🕒 2.560 children operated on
- 🕒 88 surgery weeks organized
- 🕒 2.721 children brought to weight in our milk project
- 🕒 14.222 speech therapy sessions given since 2013
- 🕒 2.303 psychological sessions given since 2014
- 🕒 211 children have been to the dentist since 2018

2. Set goal for 2022

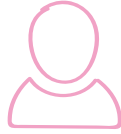
Our goals for the coming year are as follows:

- 🕒 Perform 400 cleft lip operations in 14 weeks of surgery
- 🕒 Conduct 8 evaluations
- 🕒 Help over 500 children in our milk project in preparation for surgery
- 🕒 Treat 280 children in our speech therapy program
- 🕒 Train and educate a new speech therapist
- 🕒 Start educating and training local surgeon Bruno Wencke from Guatemala
- 🕒 Provide 500 children with dental care
- 🕒 Start our new orthodontics program for about 30 children
- 🕒 Offer psychological help to mother and child by our own psychologist in the 14 planned weeks of surgery
- 🕒 Start construction of the patient residence at 5 minutes walking distance from the hospital

3. Foundation Tess Unlimited



Name: Tess Unlimited
Street: Fliermatenweg 1
Postal code: 7451 NH
City: Holten



Phonenumber: +502 4990 5021
Email: tom@tessunlimited.com
Website: www.tessunlimited.com

Account information: NL95ABNA0619717688 | BIC/Swift code: ABNANI2A | Bank name: ABN Amro

3.1 Foundation data

Legal Form: Foundation

Date of establishment: 18-11-2008

3.2 Foundation goals

Raising funds resources and volunteers to support a selection of charities in underdeveloped countries especially Association Tess Sin Limites and Association Tulipanes.

3.3 The foundation means to achieve these goals through:

Organizing activities to raise funds and resources and recruiting sponsors.

3.4 ANBI status/tax exemption

On the 1st of January 2009 the tax department of the Netherlands designated Tess Unlimited as a society for public welfare and all beneficial tax exemption are applied.

3.5 Chamber of commerce number

08181442

3.6 Promotie



Our website contains a lot of information and videos about our activities in Guatemala:
www.tessunlimited.com



We are also active on Facebook and Instagram, where, through daily updates and posts, you will be kept informed of our various activities and events:



Facebook: <https://www.facebook.com/TESSUnlimited>
Instagram: <https://www.instagram.com/tessunlimitedguatemala/>



We also have a wide variety of videos on our own YouTube channel:
<https://www.youtube.com/channel/UcswRr9hnyEzqfmSAXqyUxRQ>

3.7 General information Tess Unlimited

Team Tess Unlimited in Guatemala consists of 16 people. We have 6 local speech therapists, 1 pediatrician, 1 nutritionist, 7 promoters, 1 psychologist and 4 full-time employees who work in the office. Of these 16 employees, 2 were born with a cleft lip and 5 had a child born with cleft lip and palate. In the past 14 years, the foundation has already received more than 150 Dutch volunteers in Guatemala. In 2016 we started collecting data for research into the cause of cleft lip and palate in Guatemala. The first results have now been achieved here and have been published on the website and we will continue this process.

3.8 Board structure

Starting date	Description	Name	Date of birth	Position
9-18-2008	Board member	Tessa de Goede de Ordoñez	4-9-1983	Founder
1-9-2018	Board member	Christina Tinselboer	11-18-1979	Chairmen
3-1-2018	Board member	Paul de Goede	6-3-1956	Treasurer
11-4-2019	Board member	Paula van de Kamp	8-6-1996	Public relations

None of the board members receive compensation for their activities.

3.9 Employees

Tess Unlimited does not have any paid employees. In the Netherlands there is a 'Smile-Maker' group active for Tess Unlimited. This group only contains volunteers.

4. Balance sheet

Foundation T.E.S.S. Unlimited (NL) - Tess Sinlimites (GUA) - Tulipanes (clinic GUA) - Patient residence

Balance per 12-31-2021		
Start capital per 31st of December 2020		€ 388.111
Checking account in the Netherlands	€ 26.549	NL95ABNA0619717688
Saving account in the Netherlands	€ 1.500	NL82ABNA0573404011
Checking account for building the hospital	€ € 289.166	NL93ABNA0811235688
Reserve for contingencies the Netherlands	€ 73.578	NL19ASNB0635348977
Checking account Tess Sin Limites in Guatemala	€ 30.119	Q 30-2008727-3
Checking account 'Tulipanes' (clinic)	€ 33.804	Q 30-4024447-7
	€ 454.716	
Income and expenses 2021		
Donations and sponsors from the Netherlands		€ 457.262
Donations through PayPal		€ 1.419
Donations and sponsors from Guatemala		€ 169.705
Interest received in the Netherlands		€ -
Costs Tess Sin Limites in Guatemala	€ 385.283	
Costs Tulipanes in Guatemala	€ 91.153	
Costs land patients residence Guatemala	€ 58.081	
Transfer and banking fee's in the Netherlands	€ 818	
Travel expenses and insures in the Netherlands	€ 5.576	
Haberman feeding bottles	€ 1.634	
Website maintenance and programmer	€ 11.776	
Miscellaneous costs	€ 8.922	
Currency differences NL/GUA/CA/USA	€ -1.462	
	€ 561.781	
		€ 628.386
Total increase capital		€ 66.605
Capital comparison		
Capital per 31-12-2020		€ 388.111
Capital per 31-12-2021		€ 454.716
Total increase capital in 2021		€ 66.605

The balance sheet above only relates to TESS Unlimited in the Netherlands. This is the foundation that has the ANBI status.

The auditor's report is for TESS Unlimited in the Netherlands.

There are a limited number of expenses in the Netherlands. The bulk of the funds are transferred to TESS Sin Limites in Guatemala. This foundation is responsible for the implementation of the activities under the management of Tessa de Goede de Ordoñez.

5. Expenses in Guatemala

The following overview gives more insight into the expenses of the various projects in Guatemala.

Milk project		
Nutrilisto	GTQ	4.330
Cans milk powder	GTQ	938.743
Implementation milk project	GTQ	91.928
Psychology	GTQ	8.745
Promotion	GTQ	28.920
Speech therapy	GTQ	97.580
Evaluations	GTQ	60.921
Miscellaneous (end of the year christams gifts, exta cleaning products)	GTQ	84.239
Dentist	GTQ	8.300
Surgeries	GTQ	1.347.623
Employee expenses (3 fulltimers)	GTQ	315.996
Transport costs	GTQ	31.158
Accountant/insurances/legal costs	GTQ	42.533
Office utilities and administrative expenses	GTQ	90.913
Maintenance, one time repair roof office TSL	GTQ	149.556
Total costs Tess Sin Limites in Quetzales	GTQ	3.301.485
Total costs Tess Sin Limites in Euros	€	385.283

Cleft clinic Tulipanes		
Interior clinic	GTQ	610.392
Stock and medicines	GTQ	88.367
Medical Director Salary October, November, December	GTQ	21.000
Maintenance and service costs	GTQ	20.849
Administration/legal/office/licenses/insurance	GTQ	39.756
Others	GTQ	728
Total costs Tulipanes in Quetzales	GTQ	781.092
Total costs Tulipanes in Euros	€	91.153

Patient residence		
Purchase land	€	58.081
Total costs Tulipanes in Euros	€	58.081